

OTHER OPTIONS

# River

# Water

If you've gotta use river water,  
use the fastest water you can find.

Don't use river water after rain!

There's more run off...

Shooting River Water increases the risk of getting sick from:

- blood infection (septicemia)
- heart infection (endocarditis)
- abscesses
- hepatitis and cholera

It may look clean, but viruses, micro organisms, and tiny particles are invisible. So...even if you've been using dirty water, don't push your luck!!!

The more often you do it, the greater the risk of getting sick- because repeated exposure weakens your body's immune system, so it can't fight it the second round.

## TOILET WATER:

Use tap water or water from the tank, not the bowl!

Santa Cruz Needle Exchange 427-4557