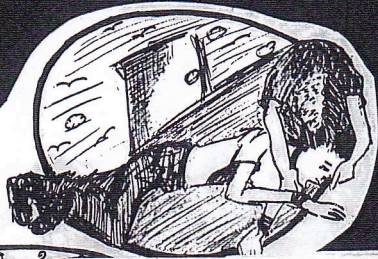


COLLAPSE!!!

If case you go out!!!!!!

Remember if you shoot up alone, don't deadbolt the door! And if you got a phone, call a friend when you do a shot so someone knows



CONSCIOUS? YES
CHECK FOR BREATHING
CHECK FOR PULSE

UNCONSCIOUS? CALL 911!!!

BREATHING? YES
Keep them lying on their side
Make sure airways are clear

Check breathing and pulse

Sweep out any blockage
In mouth with yer finger

place them on their side,
lower arm extended
Tilt head backwards
and lift jaw up
From beneath the chin

NOT BREATHING?

Roll onto back, tilt head backwards
And support jaw.

Cover mouth and breathe
into person twice

PULSE? NO.

Lie flat on hard surface
Apply heel of palm on center of
lower half of breastbone.
fingers extended



Check pulse..IF NO PULSE, CALL 911!!!

PULSE? YES. If pulse, keep breathing for person..
Give 5 breaths^{!!!} Watch for chest to

rise and fall
Keep checking pulse..

Continue until
help
arrives or

Brace it with your other
hand on top, Keep arms stiff and
elbows locked. Press down about 2 inches
Adults: Minimum: 60 times per minute
Kids: Minimum: 100 times per minute
Stop and inflate lungs every 15 presses
Check pulse and breathing every 2 minutes

breathing is present

